

WHAT TO EXPECT FROM A WELLBEING PRACTITIONER: INFORMATION FOR PARENTS & CARERS

YOUNG PERSON LED

OTR is a young person led service, we accept self referrals, and work directly with young people. It is the young person's choice to engage with the sessions offered or not, and we try to offer some choice in when and where the sessions will be held. We arrange these with the young person unless they ask us to involve you, and they can attend without an adult.

CONSENT

If a young person is considered Gillick competent to make their own decisions they may access sessions without your knowledge and not do need your consent to work with us.

CONFIDENTIALTY

All our sessions are confidential, this means that you won't be told about what we do or talk about unless the young person agrees. Young people can choose who is their trusted adult that we will contact if we need to break confidentiality, this means that it may not be you. However, OTR may contact you against the young persons wishes if there is a serious risk to life.